Tulsa Red Cross training available: Wilderness First Aid Basics

*****Date:** July 10th and 11th, 8:00 a.m. to 5 p.m. **Cost**: \$100 Prerequisites: None Length: 16 hours (taught during two 8-hr sessions) Must be 15 years old to take this class Certificate issued upon successful completion: Wilderness First Aid, 2-year certification

Sign up for this course: limited space, so first come first served...sign up on-line at: https://www.tulsaredcross.org/Forms.asp?MODE=NEW&SnID=2090387253&Forms_FormTy peID=-824, or by phone to Rebekha Adams with the American Red Cross at 918-831-1192.

Wilderness First Aid Basics is a basic course in back-country emergency response for any location. This 16 hour course is for those who work, live or play in remote areas that may be more than one hour away from EMS service. Even though the emergency workers near these areas may be trained to search for and rescue those in need, there may be a delay in the notification of assistance, the time required to get to the patient, or in moving the patient to more advanced treatment. It expands the concepts in Basic First Aid and gives more detailed information and hands-on skills practice.

This class covers assessment and urgent first aid techniques, but not in-depth CPR. Basic first aid skills are covered, making this course appropriate for anyone regardless of experience level. No prerequisites are required. A minimum age of 15 is recommended for participants due to the serious nature of the course and scenarios.

Wilderness First Aid is a 2-year certification and serves as a Basic First Aid certification as well. Students must complete all 16 hours of the class to be certified.

The types of activities and persons needing more advanced training in first aid could be:

- ...Hikers and Backpackers
- ...Kayakers and canoers

- ...Scouting leaders and older scouts ...Farm workers
- ...Utility workers in remote areas ...Law enforcement and rescue crews
- ...Forest Rangers
- ...Disaster Situations

Red Cross Course Policies: All Red Cross course payments are non refundable. Please make certain you can attend the class in which you enroll as enrollment cannot be changed. If you must transfer to a different day, you must re-enroll and pay the full fee again (dependent on alternate course availability). After taking your class, you will receive a Red Cross certification card. This card proves you passed the class and are certified in the skills. If you misplace this card, replacements are \$5 and can take up to 15 days to process.

***Possible Alternative Date: If you want this training but cannot attend the July class for some reason, an August 28 & 29 class in Tulsa is a possibility...with a minimum of 6 people. We would need to confirm and make payment in full for this class in advance, so if this is of interest to you, please contact SCI member Adrianne Holmes **by August 1st**. You may contact Adrianne by email at adrianneholmes@sbcglobal.net. or by phone at 405-715-0811.